

Dish:	Provided By:
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|--|--|--|
| ☐ Beef | ☐ Mushrooms | ☐ Allium (<i>onion, garlic, leek, chive, etc</i>) |
| ☐ Chicken | ☐ Sesame | |
| ☐ Pork | ☐ Peanut | |
| ☐ Fish (<i>salmon, tuna, cod, etc</i>) | ☐ Wheat / Gluten | ☐ Citrus (<i>orange, lemon, lime, etc</i>) |
| ☐ Shellfish (<i>crab, shrimp, lobster, etc</i>) | ☐ Soy | ☐ Cruciferous |
| ☐ Meat (<i>other</i>) | ☐ Nightshade (<i>tomato, potato, pepper, eggplant, etc</i>) | ☐ (broccoli, brussel sprouts, cabbage, kale, etc.) |
| ☐ Milk / Dairy | ☐ Tree Nut (<i>almonds, cashews, walnuts, etc</i>) | |
| ☐ Egg | | |

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